

#### **ORIGINAL PAPER**

# Impairment of forepaw function in type 1 diabetic rats

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#### ABSTRACT

**INTRODUCTION:** Hand function disruption occurs in diabetes. We aimed to record this foodhandling behaviour in a rat model of diabetes type 1.

MATERIAL AND METHODS: The hand vermicelli test measures practised forepaw use in rats, which can model diseases such as brain injuries. This test demonstrates in a dexterous way how rats handle food items with their paws.

**RESULTS:** When rats manipulate pasta, such as vermicelli, they adjust their forepaw hold on the pasta. These adjustments can be easily viewed, counted, and recorded. Diabetic type I rats experienced statistically significant reductions in adjustments made with the right and left fingers. There was an increase in several atypical handling patterns for the experimental group, an increased eating time of 120 seconds, and increased adjustments made with the left forepaw, compared to the control group.

**CONCLUSIONS:** The abnormal handling patterns and increased eating time may indicate compensatory measures to cope with diabetes-induced motor impairment.

KEY WORDS: diabetes, forepaw function, compensation.

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Susan Amin, Ahmed Alekri, Ahmed Alaradi, Ali Alaysreen, Ammar Kheyami, Hasan Baksh, Khalid Nazzal, Abdullah Altamimi, O Ali, Amer Kamal

#### Introduction

Diabetes mellitus (DM) is characterized by chronic hyperglycaemia. In the long-term, poorly controlled DM can cause peripheral nerve damage (so-called diabetic peripheral neuropathy – DPN), with a prevalence of 30–50% [1]. Both the lower [2] and upper limbs are affected by DPN [2, 3]. Fifty-eight to 82% and 37–69% of DM patients have pain from subclinical nerve injury to the median and ulnar nerves, which restricts the range of movement in the digits and reduces handling, pinch strength, and tactile sensitivity [4].

The mechanisms of how diabetes can affect paw function include oxidative stress, microangiopathy, and polyols accumulation. Oxidative stress is linked to the increased production of mitochondrial superoxide in the endothelial layer of blood vessels, which causes disruptive angiogenesis and expression of pro-inflammatory factors, leading to long-lasting epigenetic events after glycaemia is returned to normal (hyperglycaemic memory) [5]. Functional abnormalities of the vasa nervorum are presented early in DPN models and may predetermine structural changes leading to ischaemic damage of nerve cells [6]. The accumulation of polyols, especially sorbitol, in peripheral nerve cells occurs by increased movement through the aldose reductase pathway. Aldose reductase is located around glial cells that are supporting cells, and increased polyol damages these cells and hence nerve function [7].

Manual dexterity can be studied in rodent models. Rats grip food of varying textures (e.g. pasta such as vermicelli) by asymmetrical forepaw manipulations (i.e. one paw is used predominantly for support) [8–10].

We aim to measure forepaw movements in a rat model of type 1 DM by quantitatively assessing vermicelli manipulation in rats to measure forepaw movements. We defined forepaw corrections as distinct episodes of forepaw release followed by re-handling of the vermicelli strand. We assessed vermicelli gripping techniques as well as forepaw adjustments to evaluate their sensitivity to damage compared to non-DM control rats.

### Material and methods

#### Animals

Type 1 diabetic rats. Male Sprague-Dawley rats (n = 40) aged 5–7 weeks (150–200 g) were housed in pairs on a 12 h light: 12 h dark cycle with unrestricted access to food and water. The rats were randomly assigned to control (n = 20) and

DM (n = 20) groups. For diabetes induction, rats (n = 20) were fasted for 4–6 h and then administered a single intraperitoneal (i.p.) bolus injection of 100 mg/kg streptozotocin (STZ) (S-0130, Sigma, UK; dissolved in sodium citrate buffer solution; pH 4.5). Seven days later, blood glucose was measured in a sample of venous blood taken from each animal (OneTouch<sup>®</sup> Ultra<sup>®</sup> 2; Lifescan, Inc., USA). All the STZ-treated animals had a blood glucose of > 15 mmol/l (280 mg/dl).

#### Vermicelli handling test Stimulus

Rats were provided with uncooked vermicelli sticks 7 cm in length 24 hours after a practice session.

#### Vermicelli handling trials

Rats were separated from their cage mate during the testing and were assessed in a similar cage. The trials were recorded and then replayed in slow motion for analysis. Data were received blindly. The test comprised 4 to 5 trials with pasta pieces given once per trial.

#### Normal vermicelli handling patterns

The "grasp" paw grips the pasta at the start of eating. The "guide" paw is held close to the mouth at the start of eating to help guide the vermicelli piece into the mouth. Here, one paw is doing more work than the other; hence, the asymmetrical method.

#### Forepaw modifications

The main dependent factor collected was the number of adjustments per forepaw for each pasta piece. An adjustment was defined as any releaseregrip of the vermicelli piece. Only adjustments made after eating had started were recorded.

We also recorded the duration to eat each vermicelli piece. "Onset of eating" was when the vermicelli piece was held and placed in the mouth. Cessation of eating was when the vermicelli piece was loosened by the paws and disappeared into the mouth. The sounds made during eating were audible and were used to identify eating onset.

#### Abnormal and general behaviours

The asymmetrical paw hold was the highest vermicelli handling pattern in the control animals. Observations of abnormal vermicelli handling behaviours were noted. These behaviours were



recorded by other authors and are noted in the following list:

- symmetrical handling when both paws are together when the vermicelli piece is long,
- switching of guiding and grasping roles,
- failure to contact with the vermicelli,
- vermicelli piece is dropped,
- paws apart when piece is short,
- mouth pulling,
- the rat hunches over the vermicelli piece,
- one limb holds the piece in an iron grip grasp during eating,
- repeated repositioning of the guide paw around the grasp paw to move the vermicelli,
- the vermicelli is held at an angle.

#### Data analysis

The data were analysed using Microsoft Excel 2016. Descriptive statistics were used to analyse continuous data. These results were presented as frequencies in graphs and as means  $\pm$  SEM unless otherwise noted. T-tests were used to confirm differences within and between groups for the vermicelli test variables. The indicator of significance was set at 0.05 (p < 0.05).

#### Data and resource availability

Methods and datasets can be made available from the author upon reasonable request.

#### **Results**

## Paw behaviour in control vs. diabetic animals

Data from 20 control and diabetic type 1 rats were analysed. The control rats had 12 paw modifications compared to the diabetic rats with 14 paw modifications per vermicelli piece. The control rats made 9 adjustments with the right paw compared to only 5 with the left paw (Fig. 1 B). Diabetic rats made 5.5 adjustments with the right paw compared to only 6.5 with the left paw (Fig. 1 B).

## Finger behaviour in control vs. diabetic animals

Data from 20 control and diabetic type l rats were analysed (n = 20). The control rats had 7 finger modifications compared to the diabetic rats with 3.75 finger modifications per pasta piece. Control rats exhibited 3.75 adjustments with the left paw compared to only 3.25 with the right paw (Fig. 1 A). Diabetic rats exhibited 1.5 adjustments with the right paw compared to only 2.25 with the left paw (Fig. 1 A).

#### Comparisons of timings to finish the vermicelli piece between the control and the diabetic animals

Control rats ate the vermicelli piece in an average of 59 sec compared to the diabetic rats that needed an average of 120 seconds (Fig. 2 A).

## Atypical behaviour vs. typical behaviour in control vs. diabetic animals

All the control rats ate the vermicelli asymmetrically. This pattern was observed in 40 of the trials. There was no partiality between the right and left in terms of this asymmetrical handling. A mixture of both clasping patterns was seen in some rats. The majority of diabetic type I rats observed used the symmetrical holding pattern (Fig. 2 B).

In the control group, of the abnormal behaviours viewed, the highest in frequency was having the paws as one when the piece was elongated. This was observed in 3 out of 20 trials. This was

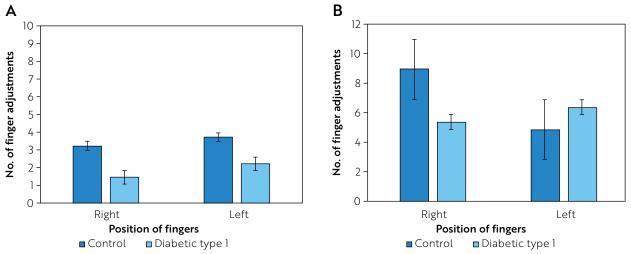


Fig. 1. Comparison of left and right finger adjustments (A) and left and right forepaw adjustments (B) in the control and diabetic type 1 rats (p < 0.05)



Susan Amin, Ahmed Alekri, Ahmed Alaradi, Ali Alaysreen, Ammar Kheyami, Hasan Baksh, Khalid Nazzal, Abdullah Altamimi, O Ali, Amer Kamal

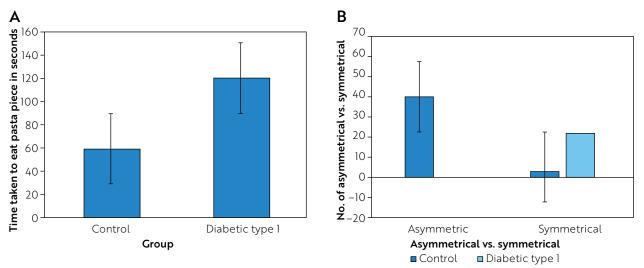


Fig. 2. Comparison of time to finish the vermicelli piece (A) and no of symmetrical and asymmetrical adjustments (B) in the control and diabetic type 1 rats (p < 0.05)

observed an average of 10 times in the diabetic type I group. Other behaviours observed in the experimental group in order from the most to the least frequent observations include dropping the vermicelli piece (7 times), iron grip (5 times), paws together when short (4 times), and pulling with mouth (4 times).

#### Discussion

In this study, we observed that forepaw function was reduced in type 1 DM rats compared to age-matched controls. The eating time, variability with the ipsilateral forepaw, decreased finger movements, and atypical behaviours such as mouth pulling were greater in the DM rats. These results mirror other studies where lesions of the rodent central nervous system disrupted food handling modifications [9–12]. The controls in our study had an asymmetric handling pattern of 89.3%, which is similar to that reported by Allred *et al.* [13].

The increase in forepaw adjustments in one paw compared to the other could also be a compensatory outcome to try and overcome the deficit. In one study, DM was found to disrupt neural route plasticity after stroke [14]. Several studies have documented that the brain's capability to reallocate sensory and motor circuits to similar living regions is important for stroke recovery success [15]. In addition, DM can reduce the brain's ability to repair and rewire during stroke. Functional redistribution of the primary forelimb somatosensory and secondary forelimb somatosensory cortex was absent in diabetic mice, indicating an effect of DM on brain plasticity [16]. Rats with halved dopamine concentration demonstrate decreased movements made by the contralateral paw, whereas the compensatory opposite paw number of modifications remained the same. Diabetes is a risk factor for tardive dyskinesia, a disorder related to abnormal dopamine regulation [17]. Another study reports that in DM the associated sensory deficits decreased the capacity of online motor modifications in response to sensory feedback [18].

The successes of this study include having a convenient data collection, in which videotapes of the eating can be replayed back in slower motion and the assessors could then count the number of adjustments in the right and left limbs. Ratters could watch previous videos to familiarise themselves with the way of counting. This type of study could be useful in the future for looking at other disease models and making comparisons.

The limitations in our study included some rats taking a long time to participate in the vermicelli trial. Some rats starting a vermicelli piece, then abandoned it, and then started again.

Future studies could look at brain imaging of the rats to visualize any sensory and motor regions that DM may have impacted, and histology to look at the sizes of the regions that may be impacted as well as the structural decline of the paws. The groups of forepaw adjustments could be distinguished, as well as looking at this skill in other diabetic models.

#### Conclusions

The manipulation test with the vermicelli gave us a picture of the extent of damage to the paws in the rats in this study. The technique was dependable and convenient. The abnormal handling patterns and increased eating time may indicate



compensatory measures to cope with the diabetesinduced motor impairment.

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#### **Conflict of interest**

The authors declare no conflict of interest.

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